

" Band Together for Lupus Awareness"

by Brandi Brown

May 10th is World Lupus Awareness Day. It is important that everyone knows at least a little about this awful disease, so they can recognize and treat it. Lupus is a chronic autoimmune disease that can attack any part of your body. The signs and systems tend to last from just a few weeks, to years, in some cases. People with lupus have complications with their immune systems, which is crucial for fighting off viruses, bacteria, and germs. The illness can range from mild to life threatening. Lupus is NOT contagious!

It's impossible to catch it or give it to someone. 1.5 million Americans have lupus and while there is no cure, there are treatments and medications to help keep it under control. We need a CURE!!! We did this walk to bring awareness to our community and our people. We will be walking in the Lupus Foundation of America Walk on June 2nd at the Oklahoma City Zoo. Our teams will be walking in loving memory of Lisa Stevens and Nancy Brown. Please feel free to come walk with us.



Walk for Lupus Awareness: A walk for Lupus awareness was recently held in Stroud, Oklahoma. (L to R) Front row: Nicole Watashe, Sam Beasler, Kim Beasler, Brandi Brown (Organizer), Santana Spang, Junior Princess Sac and Fox Nation, Shelly Wilson and Raylin Wilson. Back row (L to R): Bessie Franklin, Harrison Spang, Carrie Spang, Gabriel Wilson, Kay Hurst, J Paul Wilson, Joe Estes, Shawn Brown, Cody Morris, Nova Franklin, Cody Tyner and Sam Spang. (Photo Sac and Fox News)

A Special Thank You!!

I want to say thank you to all my friends and family, who took the time to walk with me. You know lupus does not just affect the family member who has it, it affects the whole family. It takes a strong, loving, and understanding family to live with this disease. I feel very blessed that I have such great family and friends!

Thank You Much Love, Brandi Brown

Reunion for the Walker Grandchildren

Another reunion of the Walker grandchildren and their families is planned for this year again. The meeting date will be Thursday, July 12, 2012. This is the first day of the Sac and Fox Pow-wow, and it is also declared the "Sac and Fox Day" for the pow-wow. The Reunion will be held at the Chapel on the reservation. The reunion will begin at 3 p.m. and will end at 5 p.m. The grandchildren of Benjamin and Dora Walker will be introduced. In turn, their children and grandchildren will be introduced also. Purpose for the event is for both the older people and younger people to get to know each other. Supper will begin at 4 p.m. until 5 p.m. This will thus give everyone a chance to get their seats for the evening's dance and program. Grandfather Benjamin Walker composed at least three songs. It is hoped the Pow-Wow Committee will allow one

of his songs to be sung during the evening's dance. Please bring a covered dish for supper. Paper plates, forks and spoons, and tea and ice will be provided. Desserts and salads will be welcomed. Out-of-state cousins are especially invited to attend. The oldest cousin lives in Massachusetts. Last year we had cousins from Illinois and Houston, Texas, and from the State of Washington. Cousins Curtis Wakole, Mary Georgia Rolette, and Mary F. McCormick met and made the decision to have another reunion of the Walker grandchildren. It is hoped that each grandchild can have a list of their family members so that a master list of grandchildren can be identified and kept for a family history item. A painting by the late Herman Brown, Jr. will be displayed for viewing. It is excellent work. Respectfully submitted, Mary F. McCormick, May 18, 2012

Tribal Forum on Painkiller Addition

Commissioner Terri White with the Oklahoma Department of Mental Health & Substance Abuse Services will address the Tribal Forum on Painkiller Addiction, June 21st 11:30 am - 1:00 pm, at the Absentee Shawnee Counseling Services, 1301 SE 59th St, OKC, OK. All tribal leaders, Indian health care, behavioral health, and social services workers are invited to the forum to address how Native

communities can respond to the prescription painkiller addiction epidemic. Lunch will be provided by Robin Coffey, Total Care Solutions, a 100% Native-owned health care equipment and supplies company. Registration is required due to limited seating. Email DCross@ascs-okc.com.

Red Earth announces new parade route to open 26th annual festival






OKLAHOMA CITY, OK
A new parade route that circles the Myriad Botanical Gardens following its \$43 million makeover in downtown Oklahoma City will signal the opening of the 26th annual Red Earth Festival on Friday, June 8. The Red Earth parade has been referred to as America's most unique parade and features hundreds of participants in authentic tribal regalia, drum groups, tribal princesses, floats, bands and other participants. The streets will vibrate with Native American Spirit as the Red Earth Festival celebrates its 26th year of being Oklahoma's premiere cultural experience. The parade starts at 10 am with line-up in the 500 block

of West California. The route will proceed south on Walker Avenue to Reno Avenue and will continue east to Robinson. The parade then travels north on Robinson to Sheridan and continues west one block to Hudson where it will conclude. The parade is expected to last approximately one hour signaling the opening of the Red Earth Art Market at 11 am followed by the Grand Entry of Dancers scheduled for noon inside the Cox Convention Center Arena directly across from the Myriad Gardens. Last year the Red Earth Parade featured had nearly 100 entries with 10,000 spectators along the streets to experience the colorful event. The parade

is free to the public and free for participants. Participants may include but are not limited to Tribal programs, officials & princesses, color guards, dancers, music groups, school groups, drum groups and community organizations. Tickets to attend the Red Earth Festival are \$10 for adults, \$7.50 for seniors and youth and free for children under five. Three day passes and group rates are available. Tickets can be purchased online at www.ticketmaster.com or in person at the Cox Convention Center Box Office. For Red Earth parade applications or additional information visit www.redearth.org or call (405) 427-5228.

June 2012 Sac and Fox Nation Food Distribution Program

Stroud Warehouse 918-968-3030 1-800-256-3398
Shawnee Office 405-395-0063 1-866-622-2310

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Sac and Fox Nation Veterans Organization Meeting
June 12, 2012
5:00 pm
Elders Bldg Stroud
Always on the 2nd Tuesday of each month unless otherwise posted

VHS Movies
Are being sold at the
Sac and Fox Library
4/\$1

FREE LUNCH Door Prizes

- *Diabetes Education
- *Glucose Screening
- *Free Chair Massage
- *Cholesterol Screening
- *Blood Pressure Check
- *Heart Disease Info
- *Cancer Awareness
- *Safety
- *Basket Weaving
- *Behavioral Health
- *Child Abuse Awareness
- *Addiction Awareness
- *Tobacco Cessation
- *And Much More!!!

Sac and Fox Nation



2012 Health Fair
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Let's Get Healthy!

July 12, 2012
10am to 2pm

Sac and Fox
Community Building
7 miles South of
Stroud On Hwy 99

For More Info
Call the
Merle Boyd Center
918-968-9531